



Yaksikdongwon | 藥食同源
“medicine and food have the same origin”

Yakseokwon Agricultural Corp.
www.yakseokwon.com

Yakseokwon,

The path of healing
connecting nature
and people



Yakseokwon has researched the healing of body and mind for the past several decades.

During that journey, we realized that three meals a day is the very starting point of health.



The philosophy of healing preserved by Yakseokwon, contained within a meal

Yakseokwon has expanded the philosophy of Yaksikdongwon (medicine and food have the same origin), the belief that healthy food is like medicine, onto the daily dining table.

A bowl of rice crafted with good local ingredients and an honest heart contains Yakseokwon's own healthy sincerity that cares for the body and heals the mind.

Yakseokwon's rice is not just a simple meal; it is a habit that protects family health and a small method of healing that continues in daily life.



Yakseokwon, the reason why you return after experiencing it once

Natural ingredients and honest processes lead
to a hearty meal that the body remembers first.

Yakseokwon pursues the original taste that
comforts the body rather than flashy flavors.

With a taste that contains the natural order of
ingredients rather than strong stimulation, we
create a table that those who have experienced it once
return to, and consistently choose for their family's health.



Trusted Official Certifications

HACCP Food Safety Management Certification



As a state-guaranteed HACCP food safety
management certification, it ensures
reliable quality through hygienic and safe
manufacturing processes.

K-Food



With the K-Food mark that promotes the
excellence of Korean agri-food, it proves
that it has safety and quality recognized
by the world.

MAFRA 6th Industry Certification



With the 6th industry certification from
the Ministry of Agriculture, Food and Rural
Affairs, we deliver healthy value containing
trust and locality from farm to table.

KIPO Registration



Based on patented technology registered
with the Korean Intellectual Property
Office, we have included proven original
and differentiated technical expertise.

Yakseokwon's healing meal ready in 2 minutes,

Yakseokwon Geon-gang-bap

If sincerity is contained even in a single bowl of rice,
it is not just a simple meal.

Yakseokwon's instant rice is a bowl that allows anyone,
anytime to enjoy a healthy meal that comforts the body,
based on local ingredients from Ganghwado.



Nutritious Rice Lineup

You can now easily enjoy a meal containing the philosophy of 'Yaksikdongwon' (medicine and food have the same origin) at home. In the form of instant rice that is ready after just 3 minutes in the microwave, it provides a warm and hearty meal even in a busy daily life.



Lotus Seed Nutritious Rice

Nutritious rice with a harmony of soft lotus seeds and 8 types of domestic grains



Ginseng Nutritious Rice

Nutritious rice blending fragrant domestic ginseng and grains



Healthy Lotus Leaf Rice

Fragrant lotus leaf rice blending a subtle lotus leaf scent and grains



Mugwort Garlic Nutritious Rice

Mugwort and Garlic Protein Rice and 9 types of domestic multi-grains healthy nutritious rice



Our Bean Spicy Cheonggukjang

Savory and spicy Cheonggukjang made with domestic soybeans and dried radish greens (Siraegi)



Banaba Dang-n-mi

Banaba Protein Rice and 9 types of domestic multi-grains healthy nutritious rice



Protein Geon-gang-mi

Gynostemma Protein Rice and 9 types of domestic multi-grains healthy nutritious rice



Yakseokwon products can be purchased at a more reasonable price by choosing a 3, 8, or 12-item bundle. For details, please refer to the purchase site.

Maintain your rice-cooking habit;
health is added with one pouch.

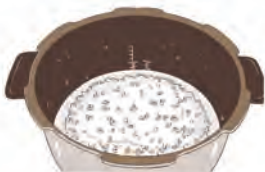
Yakseokwon Geon-gang-mi

Health is not something new,
but is created within the familiar habits repeated every day.
Yakseokwon's Geon-gang-mi is a one-meal-a-day health routine
that naturally melts into your daily rice cooking.



01

Prepare rice
and water.



02

Add 1 pouch of
Seong-hyeong-mi.
1 pouch per person



03

Cook and eat rice
as usual.



04

Health management
along with
delicious rice!



Geon-gang-mi Lineup

*Sold by the specialized distributor Healthcare Onyu.



Mugwort Garlic Nutritious Rice

Health rice made with 100%
domestic mugwort and garlic

You can feel the hearty and
savory flavor as the subtle
scent of mugwort and the deep
taste of garlic harmonize.



Banaba Dang-n-mi

Health rice made by
adding Banaba leaf extract

Characterized by a
savory taste that lingers
in the mouth and a soft,
clean rice flavor finish.



Protein Geon-gang-mi

Balanced Gynostemma
and grain blend

A savory and cozy scent
spreads, providing suffi-
cient nutrition and satiety
for one meal.

Microbiome Nutritious Bap(Cooked Rice)

Contains 12% high-protein rice (fortified with soy protein isolate) and postbiotics (1% postbiotics powder, 2 Billion Postbiotics)

165g | 227kcal

This nutritious meal, made with high-protein rich rice enriched with 2 billion postbiotics and 9 healthy Korean grains, making it a low-sugar, high protein option.

High in Protein	High in Dietary Fiber	Calcium	Potassium	Low in Sugar	Postbiotics
15g	3g	24mg	172mg	0g	2×10 ⁹ cell

- Store at room temperature
- Microwave for 90 seconds
- Stir well before eating



A rice-cooking habit for healing, Yakseokwon Geon-gang-mi

Yakseokwon crafts healthy food that fully contains the energy of nature with the philosophy of Yaksikdongwon (medicine and food have the same origin) for fundamental healing.

So that a single meal becomes the start of healing, Yakseokwon practices the value of healing in daily life through healthy meals today.





Yakseokwon, The path of healing connecting nature and people

Yakseokwon started from the belief that nature and humans are one.

The healing we speak of is not a special event, but a sense of health derived from the energy of the earth and warm body temperature.

Based on natural raw materials and the wisdom of traditional medicine, we research and practice ways of health that recover the body and mind.

Yakseokwon Agricultural Corp.

56-53, Jungang-ro 787beon-gil,
Yangdo-myeon, Ganghwa-gun

032-937-5538

@yakseokwon_1

www.yakseokwon.com

